



October/November 2010 Nurturing Humanity Newsletter



Hello Everyone!

We are well into Spring now, after a slow start :) Hope this finds you travelling well after the Winter months. Spring is a time of planting new seeds, new growth and spring cleaning, making space for the new to come into your life. So embrace the opportunity to release and let go of old patterns, old beliefs that no longer serve you!! Remember that a valuable aspect of the work I offer is one on one healing sessions where we work at a deep level. I incorporate **Theta Healing** (which works at assisting you to release and replace old beliefs and patterns that may be blocking you from moving forward), **Reiki Healing** (Universal Life Force Energy that your own Body's Divine Intelligence utilizes to heal, release and renew) and my **Intuitive Guidance** as we work together to **assist you on your healing and self empowerment journey.**

The last couple of months have been very busy and very rewarding! Working with an amazing group of ladies teaching them Reiki I, beginning of August. I was then blessed to go to Queensland on a Teachers Meditation and Holistic Counseling Course. I am in the process of completing the final stages, and intending to bring some new skills and programs to assist others further on their road to Self Empowerment. This was followed by a peaceful and Spiritual day down at McLaren Vale for A Spiritual Connection Day Workshop, although a very intimate group, small but perfectly formed .

September 12th heralded my first Angel Workshop, "Working with the Angels", which was a true joy to share. Watch this space for details of new dates for this event and dates for A Spiritual Connection Day Workshop!

Exciting news the **launch date** of my first **Meditation CD** called "**SIMPLE BEGINNINGS**" is **8th October**. There are two meditations on the CD, **Forest Magic Retreat** approx 22 mins and **Beach Healing Retreat** which is approx 27 mins. This CD is suitable for beginners and experienced meditators alike. Would be a great gift for yourself or maybe to give as Christmas gift for family or friends. For anyone who would like to buy multiple copies I will give a discount .

Investment 1 CD \$19.95.

2 CD's for \$38 (saving \$2),

3 CD's for \$52 (saving \$8).

To order either ring, email or text me. (I am happy to mail out, however there will be a postal fee of \$2 per CD).

THOUGHT FOR THE DAY:

Make a decision to **LISTEN** and **NOTICE** the **SUB-CONSCIOUS BELIEFS** that keep popping up in your life that cause disharmony and pain. Then **CHOOSE** to take action on **CHANGING** those **BELIEFS**. Take charge "**YOU** have the **POWER** to do so". And remember it is alright to **ASK FOR HELP** .

Love, Light & Joy, Rosalind ♥ Namaste ♥



SERVICES & FEES

Reiki or Reiki/Theta	60 min	\$70
Reiki Quick Fix	30 min	\$35
Meditation/Reiki Combo	60 min	\$70
Angel Reading/Healing	30 min	\$35
Angel Reading /Healing	60 min	\$70
Ear Candling		\$55
One on One Meditation	30 min	\$30
One on One Meditation	60 min	\$60

If you are on a Pension please ask for special price.

ALSO REFERRAL DISCOUNT \$10 OFF NEXT HEALING SESSION

REIKI COURSES

REIKI I Certificate Course—for

Reiki I Courses small groups max. 4 students to ensure personal attention and guidance

Sat 9th & Sun 10th October (Call me asap, limited availability)

REIKI II Certificate Course—

Sat 27th & Sun 28th November (Fully Booked)

REIKI III Certificate Course -

Sat 23rd & Sun 24th October

(Fully Booked) **INVESTMENT FOR ALL REIKI COURSE FEES: \$220**
NEW COURSE DATES COMING!!!

Events Calendar

Fortnightly Thursday Evening

Meditation & Intuitive Development **(Booking essential)** Venue: Healing Space, 18, Downing St, HOVE

NEXT DATE: Thurs 7th Oct 7pm—9pm

Fourth Weds of the Month Group Reiki

Weds Morning Meditation & Intuitive Development (School term time only)

Booking essential **NEXT DATE:** Weds 13th Oct 9.30 am—11.30 am

9th—10th Oct Reiki I Course

23rd-24th Oct Reiki III Course

27th—28th Nov Reiki II Course



Rosalind Sansbury

**Theta/Reiki/Spiritual Healing Practitioner - Reiki Master/Teacher - Meditation
Spiritual Growth Workshops - Angel Therapy Practitioner ® - Ear Candling Practitioner**

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